

# 1A NISQUALLY LEAGUE

## *The Home of* **CHAMPIONS**

### 2022-23 All-Nisqually League Volleyball

**League MVP:** Krista Traynor (Seattle Christian, Senior)

**Coach of the Year:** David Traynor (Seattle Christian)

**Team Sportsmanship Award:** East Jefferson

#### **First Team**

| <b><u>First Team</u></b> | <b><u>School</u></b> | <b><u>Year</u></b> |
|--------------------------|----------------------|--------------------|
| Rae Wartelle             | Annie Wright         | Senior             |
| Layne Dent               | Cascade Christian    | Sophomore          |
| Emma Wang                | Charles Wright       | Senior             |
| Kamalani Enomoto         | Annie Wright         | Senior             |
| Isabella Iregui          | Annie Wright         | Senior             |
| Adeline Daniel           | Bellevue Christian   | Sophomore          |
| Kiran Hutchinson         | Annie Wright         | Senior             |

#### **Second Team**

| <b><u>Second Team</u></b> | <b><u>School</u></b> | <b><u>Year</u></b> |
|---------------------------|----------------------|--------------------|
| Jenica Walling            | Cascade Christian    | Freshman           |
| Leonie Rabitsch           | Charles Wright       | Sophomore          |
| Sophie Janho              | Cascade Christian    | Freshman           |
| Amelia Herrman-Scholbe    | Annie Wright         | Junior             |
| Madison Davenport         | Seattle Christian    | Sophomore          |
| Kira Vreugdenhill         | Seattle Christian    | Senior             |
| Ryann Fortenberry         | Cascade Christian    | Sophomore          |

**Honorable Mention:** Addie Kuehner (BCS, 12), Lexie Scott (KSS, 11), Kendrea Beazer (BCS, 10), Grace Zetterberg (CCS, 10), Malia Rideb (CCS, 11), Malia Oden (AWS, 11), Alyssa Vandenberg (EJ, 12), Calleia Neal (BCS, 11), Dana Trummert (CWA, 12), Brielle Weedman (BCS, 10), Tierra Boyd (LCA, 10), Isabel Jimenez (AWS, 10), Natasha Rice (VI, 12), Grace Mattson (LCA, 10), Yumi Lee (CWA, 12), Taylor Madle (KSS, 12)