

1A NISQUALLY LEAGUE

The Home of **CHAMPIONS**

2021-22 All-Nisqually League Wrestling

Boys Most Outstanding Wrestler: Logan Massie (East Jefferson)

Girls Most Outstanding Wrestler: Mi Amanda Lanphear-Ramirez (East Jefferson)

Boys Coach of the Year: Anders Blomgren (Vashon)

Girls Coach of the Year: Carl Young (Klahowya)

Team Sportsmanship: Life Christian

| Boys 1 st Team All-League | Weight Class | School | Grade |
|--------------------------------------|--------------|-------------------|-------|
| Deacon Wintch | 106 | Klahowya | 10 |
| Reece Decourval | 120 | Klahowya | 9 |
| George Murphy | 126 | Vashon | 12 |
| Colin McIntyre | 132 | Vashon | 10 |
| Levi Blasingim | 138 | Vashon | 12 |
| Sean Ryland | 145 | Vashon | 12 |
| Logan Wallis | 152 | Klahowya | 11 |
| Duncan Curry | 160 | Life Christian | 10 |
| Logan Massie | 170 | East Jefferson | 12 |
| Aphelele Mzameko | 182 | Cascade Christian | 12 |
| Gage Barry | 195 | East Jefferson | 12 |
| Rex Hoover | 220 | Cascade Christian | 9 |
| Lars Wakefield | 285 | East Jefferson | 11 |

| Girls 1st Team All-League | Weight Class | School | Grade |
|----------------------------|--------------|----------------|-------|
| Kyla Scheff | 105 | Vashon | 9 |
| Kaitlyn Bonaventura | 110 | Vashon | 12 |
| Mi Amanda Lanphear-Ramirez | 115 | East Jefferson | 10 |
| Mya Young | 120 | Klahowya | 11 |
| Savanna Hoffman | 125 | East Jefferson | 12 |
| Alonna Armstrong | 135 | Klahowya | 12 |
| Chloe Lampert | 140 | East Jefferson | 11 |
| Phoebe Gordon | 145 | Klahowya | 11 |
| Adilyn Murray | 170 | Klahowya | 11 |