

1A NISQUALLY LEAGUE

The Home of CHAMPIONS

Nisqually League – Boys Cross Country All-League Fall 2019

League Champion: Mason Miller (Charles Wright Academy)

Coach of the Year: Ryan Johnson (Charles Wright Academy)

Sportsmanship: Seattle Christian

First Team

Mason Miller
Hunter Vilhauer
Caden Pua
Adam Briejer
Jahan Bains
Nick Brassard
Will Wetter

School

Charles Wright Academy
Cascade Christian
Bellevue Christian
Charles Wright Academy
Charles Wright Academy
Charles Wright Academy
Bellevue Christian

Second Team

Mars Yang
Benjamin Larson
Sean Robertson
Karsten Gibson
Grand Wood
Drew Seiler
Ursa Medeiros

School

Charles Wright Academy
Vashon High School
Vashon High School
Seattle Christian
Seattle Christian
Seattle Christian
Vashon High School

